

SPRING - WEEK 1

LUNCH MENU



BUCKINGHAM PREPARATORY SCHOOL
AN INDEPENDENT SCHOOL FOR BOYS

MONDAY

Meat/Fish Option	Lamb Chilli with Rice
Vegetarian Option	5 Bean Chilli with Rice
Alternative Option	Jacket Potato with Filling
Vegetables and Sides	Peas Sweetcorn Tortilla Chips
Dessert	Yogurt or Fresh Fruit

TUESDAY

Chinese Chicken with Noodles
Quorn Stir Fry with Noodles
Jacket Potato with Filling
Broccoli Carrots
Lemon & Ginger Biscuit
Fresh Fruit or Yogurt

WEDNESDAY

Chicken Sausage Roll
Cheese Pasty
Give it a go!
Cauliflower Green Beans Roast Potatoes
Apple & Pear Crumble & Custard
Fresh Fruit or Yogurt

THURSDAY

Lamb Pasta Bake
Macaroni Cheese
Jacket Potato with Filling
Sweetcorn Broccoli Garlic Bread
Lemon Drizzle Cake
Fresh Fruit or Yogurt

FRIDAY

Margherita Pizza
Margherita Pizza
Give it a go!
Baked Beans Peas Chips
Rice Krispie Cake
Fresh Fruit or Yogurt

All meals are prepared and cooked fresh daily on the premises — menus are subject to change.

Week beginning 6th January 2025

SPRING - WEEK 2

LUNCH MENU



BUCKINGHAM PREPARATORY SCHOOL
AN INDEPENDENT SCHOOL FOR BOYS

MONDAY

Meat/Fish Option

Chicken Curry
with Rice

Vegetarian Option

Mixed Bean Curry
with Rice

Alternative Option

Jacket Potato
with Filling

Vegetables and Sides

Peas
Sweetcorn
Naan Bread

Dessert

Yogurt or
Fresh Fruit

TUESDAY

Chicken Lasagne

Vegetable Lasagne

Jacket Potato
with Filling

Broccoli
Carrots
Garlic Bread

Syrup Sponge &
Custard
Fresh Fruit or Yogurt

WEDNESDAY

Roast Chicken
Thighs with Gravy

Veggie Sausage Roll

Give it a go!

Cauliflower
Green Beans
Roast Potatoes

Cheese & Crackers
Fresh Fruit or Yogurt

THURSDAY

Lamb Burgers

Quorn Burger

Jacket Potato
with Filling

Salad
Sweetcorn
Potato Wedges

Iced Sprinkle Cake
Fresh Fruit or Yogurt

FRIDAY

Fish Friday
Fish of the Day

Vegan Fingers

Give it a go!

Baked Beans
Peas
Chips

Cookies
Fresh Fruit or Yogurt

All meals are prepared and cooked fresh daily on the premises — menus are subject to change.

Week beginning 13th January 2025

SPRING - WEEK 3



LUNCH MENU



BUCKINGHAM PREPARATORY SCHOOL
AN INDEPENDENT SCHOOL FOR BOYS

MONDAY

Meat/Fish Option

Lamb Meatballs in
Tomato Sauce

Vegetarian Option

Quorn Meatballs
& Vegetables in
Tomato Sauce

Alternative Option

Jacket Potato
with Filling

Vegetables and Sides

Peas
Cauliflower
Spaghetti

Dessert

Yogurt or
Fresh Fruit

TUESDAY

Fish Fingers

Vegetable
Fingers

Jacket Potato
with Filling

Sweetcorn
Peas
New Potatoes

Chocolate Fudge
Brownie
Fresh Fruit or Yogurt

WEDNESDAY

Roast Turkey Breast
with Gravy

Spicy Bean Burger

Give it a go!

Cabbage
Green Beans
Roast Potatoes

Cheese & Crackers
Fresh Fruit or Yogurt

THURSDAY

Chicken Wraps

Veggie Wraps

Jacket Potato
with Filling

Sweetcorn
Carrots
Potato Wedges

Jam & Coconut
Sponge
Fresh Fruit or Yogurt

FRIDAY

Chicken Sausage

Quorn Sausage

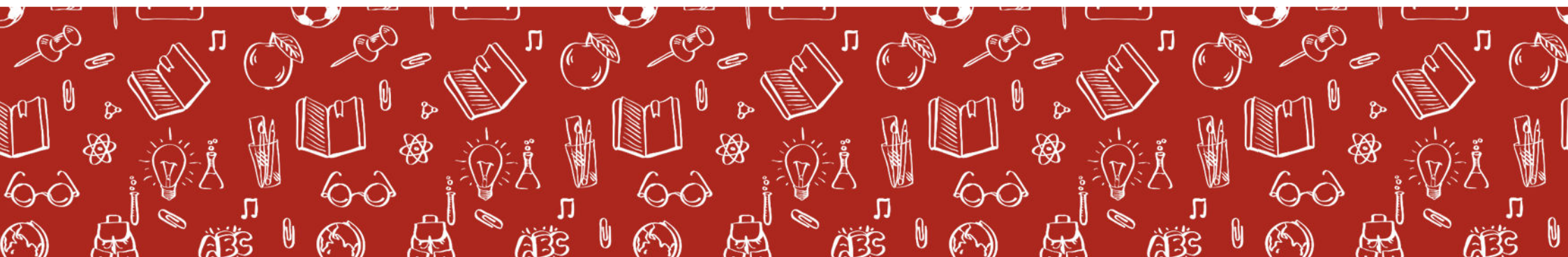
Give it a go!

Baked Beans
Peas
Chips

Ginger Cake
Fresh Fruit or Yogurt

All meals are prepared and cooked fresh daily on the premises — menus are subject to change.

Week beginning 20th January 2025



SPRING - WEEK 4

LUNCH MENU



BUCKINGHAM PREPARATORY SCHOOL
AN INDEPENDENT SCHOOL FOR BOYS

MONDAY

Meat/Fish Option

Brunch Special
Chicken Sausage

Vegetarian Option

Vegetable Sausage

Alternative Option

Give it a go!
Jacket Potato with
filling

Vegetables and Sides

Baked Beans
Scrambled Egg
Hash Browns

Dessert

Yogurt or
Fresh Fruit

TUESDAY

Tuna Pasta Bake

Macaroni Cheese

Jacket Potato
with Filling

Broccoli
Carrots
Garlic Bread

Jam Coconut Slice
Fresh Fruit or Yogurt

WEDNESDAY

Roast Chicken
Breast

Vegetable Samosa

Give it a go!

Peas
Cabbage
Roast Potatoes

Cheese & Crackers
Fresh Fruit or Yogurt

THURSDAY

Lamb Burger

Cheese Turnovers

Jacket Potato
with Filling

Sweetcorn & Peas
Potato Wedges

Apple Cake
& Custard
Fresh Fruit or Yogurt

FRIDAY

Margherita Pizza

Margherita Pizza

Give it a go!

Baked Beans
Peas
Chips

Choc-Chip Cookies
Fresh Fruit or Yogurt

All meals are prepared and cooked fresh daily on the premises — menus are subject to change.

Week beginning 27th January 2025

SPRING - WEEK 5

LUNCH MENU



BUCKINGHAM PREPARATORY SCHOOL
AN INDEPENDENT SCHOOL FOR BOYS

MONDAY

Meat/Fish Option	Chinese Chicken and Noodles
Vegetarian Option	Vegetable Noodles
Alternative Option	Jacket Potato with Filling
Vegetables and Sides	Cauliflower Green Beans
Dessert	Yogurt or Fresh Fruit

TUESDAY

Chicken Wrap
Vegetable Wrap
Jacket Potato with Filling
Broccoli Sweetcorn Rainbow Rice
Apple Sponge & Custard Fresh Fruit or Yogurt

WEDNESDAY

Chicken Lattice with Gravy
Quorn Sausage Roll
Give it a go!
Carrots Cabbage Roast Potatoes
Cheese & Crackers Fresh Fruit or Yogurt

THURSDAY

Lamb Koftas with Salad & Houmous
Falafel with Salad & Houmous
Jacket Potato with Filling
Sweetcorn Green Beans Pitta Bread
Lemon Drizzle Cake Fresh Fruit or Yogurt

FRIDAY

Fish Friday Fish of the Day
Quorn Burger
Give it a go!
Baked Beans Peas Chips
Chocolate Cheese Cake Fresh Fruit or Yogurt

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Week beginning 3rd February 2025

SPRING -WEEK 6

LUNCH MENU



BUCKINGHAM PREPARATORY SCHOOL
AN INDEPENDENT SCHOOL FOR BOYS

MONDAY

Meat/Fish Option

Tuna Mayo Jacket
Potato

Vegetarian Option

Cheese & Beans
Jacket Potato

Alternative Option

Jacket Potato
with Filling

Vegetables and Sides

Sweetcorn
Garlic Bread

Dessert

Yogurt or
Fresh Fruit

TUESDAY

Chicken Lattice

Quorn Sausages with
Gravy

Jacket Potato
with Filling

Broccoli
Carrots
Curly Fries

Treacle Sponge
Fresh Fruit or Yogurt

WEDNESDAY

Roasted Chicken
Thighs with Gravy

Cheese Pasty

Give it a go!

Carrots
Cabbage
Roast Potatoes

Cheese & Crackers
Fresh Fruit or Yogurt

THURSDAY

Lamb Meatballs with
Tomato and Herb
Sauce

Quorn with Tomato
and Herb Sauce

Jacket Potato
with Filling

Sweetcorn
Green Beans
Spaghetti

Cherry Sponge with
Custard
Fresh Fruit or Yogurt

FRIDAY

Chicken Nuggets

Quorn Nuggets

Give it a go!

Baked Beans
Peas
Chips

Flapjack
Fresh Fruit or Yogurt

All meals are prepared and cooked fresh daily on the premises — menus are subject to change.

Week beginning 10th February 2025